

# ADVANCE THE CONVERSATION

## *family edition*

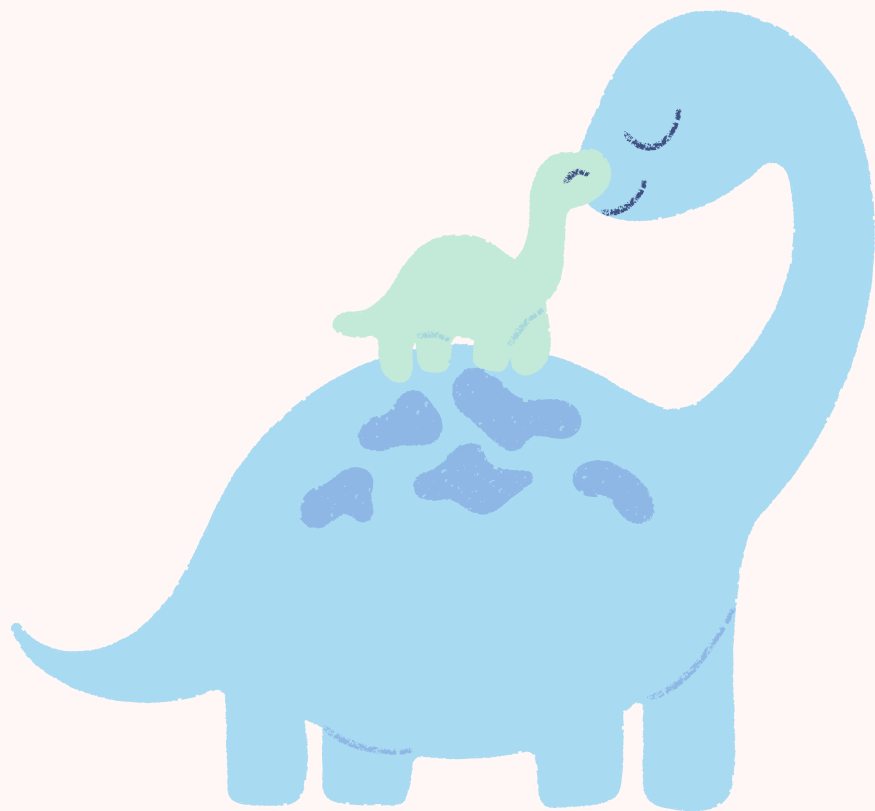
**table topics for  
families with  
young children**





**can you name 3  
things that make  
you feel happy?**

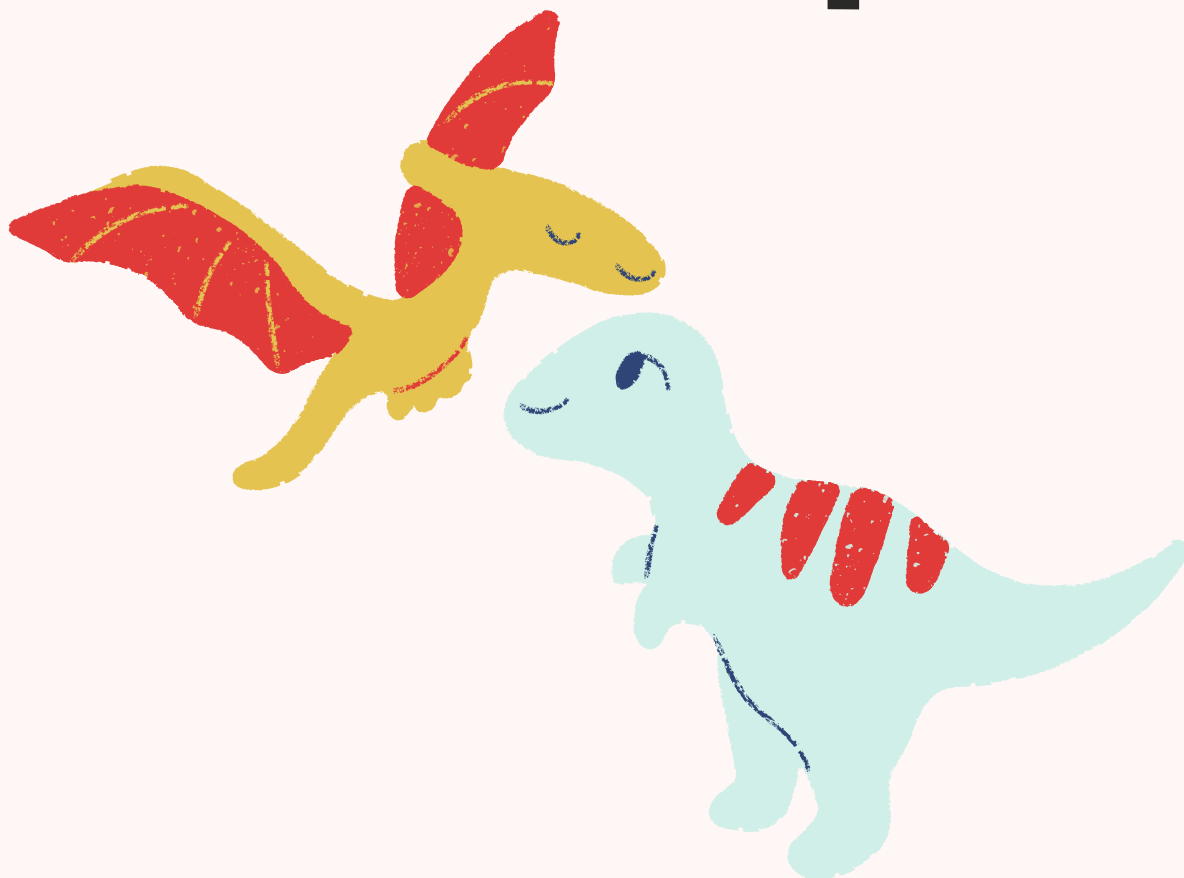
**what makes you  
feel safe?**





**is there anything  
that makes you  
feel sad, scared,  
or worried?**

**who can you talk  
to when you  
need help?**

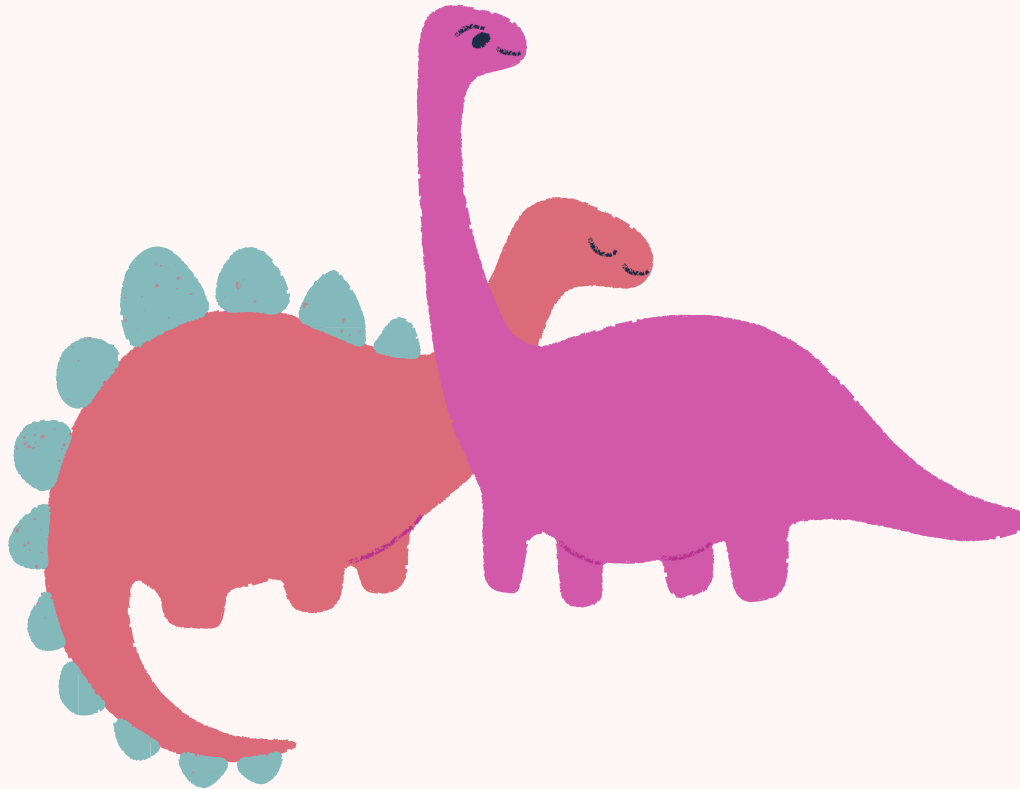




**what can you do  
when you are sad,  
angry, or scared to  
make yourself feel  
better?**

**how can you help  
someone who is  
sad or upset?**



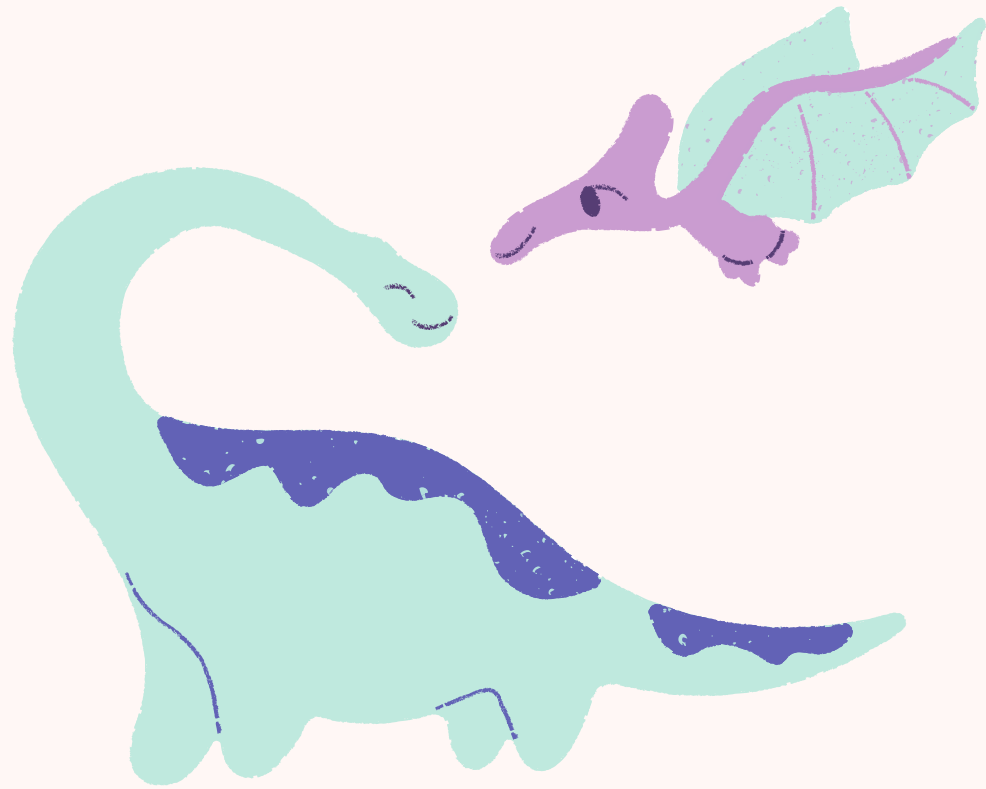


**what makes  
you a good  
friend?**



**what do you do  
to keep your  
body strong and  
healthy?**





**what can you do  
to keep your  
brain strong and  
healthy?**

**draw a picture  
to show how you  
feel right now.**

